Wednesday 26 August 2009Swissotel Sydney68 Market Street Sydney NSW

Friday 28 August 2009

Novotel Melbourne on Collins 270 Collins Street Melbourne VIC





Fresh ideas on injury management

Ready for some fresh ideas on injury management?

InjuryNET is pleased to provide an opportunity to 'refresh' your thinking about injury management, presenting some new perspectives with a bit of 'tang'!

We've pulled together some excellent thought-leaders, including our keynote speaker, the highly motivating **Dr Jennifer Christian** from the United States.

Dr Christian will present on the widely-acclaimed guideline entitled "Preventing Needless Work Disability by Helping People Stay Employed" from the

American College of Occupational & Environmental Medicine (ACOEM).

She chaired the team who compiled this paradigm-shifting guideline which includes the new acronym "SAW / RTW" (Stay-at-Work / Return-to-Work).

Dr Christian will also present on the **60 Summits Project**, the rapidly growing grassroots movement. Summit stakeholders form action groups that continue to propagate the work-disability prevention paradigm among their colleagues and constituencies, and take on-going action to implement positive changes in workers' compensation programs in their own organisations, communities and jurisdictions.

Other sessions include 'fresh ideas' on:

- What influences Doctors to put people off work
- Evidence regarding the impact of early intervention
- The use and need of medical tests commonly commended for work-related injuries
- Telemedicine technology for injury management in regional and remote locations
- The dangers of asking Doctors to comment on the causes of injury
- The shifting focus on people management rather than premium management

You'll be nodding your head, thinking, "Yes! This is how injury management can work better!"



program

8:30 am

Registration

9:00 am

Welcome & Opening Remarks

9:10 am

A New Model: The Work Disability Prevention Paradigm – How Can We Avert or Foreshorten This Absence from Work?

Dr Jennifer Christian

Webility

A fresh perspective on the stay-at-work and return-to-work process is being propagated across North America, which is in the midst of a paradigm shift. The traditional model that still drives most policymakers, regulators and claims organisations focuses on the prompt/accurate payment of benefits to the worker and getting medical bills paid with a minimum of disputes. This processing model is rapidly giving way to a model that seeks to minimise needless time away from work caused by an injury or disease.

Experts are converging on a clear and specific set of principles and best practices that can reduce the time lost from work due to occupational injury. A widely-acclaimed report in plain language from the American College of Occupational & Environmental Medicine (ACOEM) now provides 16 specific recommendations for improving the stay-atwork and return-to-work process - hailed as a clear blueprint for system improvement. Dr Christian, who led the development of the ACOEM report, has been explaining the new model to enthusiastic audiences of employers, insurers, healthcare providers, worker advocates, and others. Stakeholders in several jurisdictions in both the U.S. and Canada have begun to work together across traditional boundaries to improve outcomes of the stay-at-work and return-to-work process for the benefit of injured, ill and aging employees; their employers and their communities.

About Jennifer Christian

Jennifer is co-founder, president and chief medical officer of Webility Corporation, as well as founder and chair of the award-winning non-profit 60 Summits Project. She also founded and moderates the Work Fitness & Disability Roundtable; a free, web-based, multidisciplinary e-group devoted to work disability prevention and management with more than 1,200 members.

A leader in the American College of Occupational & Environmental Medicine (ACOEM), Dr Christian chaired the group that developed the guideline entitled "Preventing Needless Work Disability by Helping People Stay Employed" as well as the group that wrote a recent consensus opinion entitled "The Personal Physician's Role in Helping Patients with Medical Conditions Stay at Work or Return to Work". She has served as chair of the Work Fitness and Disability Section ACOEM since 2001 and has recently been appointed chair of a Task Force on OEM Reimbursement. In 2009 she received a Presidential Award for The 60 Summits Project and an Outstanding Achievement award for her role on the committee that produced a timely position paper entitled "Healthy Workforce: Healthy Economy - The Role of Health, Productivity and Disability Management in Addressing the Nation's Health Care Crisis."

10:40 am

Morning Tea

11:00 am

Time off Work - Is it Medically Necessary? An Australian Perspective

Harry Papagoras

InjuryNET

Obtaining a medical certificate of capacity is one of the first steps in the return to work process, following a workplace injury. However, sometimes medical certification is clouded by non-medical issues! These include practitioner and employer education, training, incentives, expectations, commitment and culture.

Harry will present Australian findings on the influences on medical certificates obtained via a series of low back pain education program for practitioners. He will also present lost time injury statistics from a number of organisations using InjuryNET's practitioner network to

demonstrate the positive impact of training practitioners and employers to ask "is time off medically necessary?"

About Harry Papagoras

Harry is a Physiotherapist who works in a number of settings, focusing on injury management and return to work from the perspectives of the clinician, the employer and the third party payer. He is a practicing clinician at Sportscare Physiotherapy, which is part of a multidisciplinary clinic. His case load is comprised of mostly work related spinal injuries. He is a Clinical Advisor to WorkSafe Victoria, as well as a number of self insurers nationally. He also provides strategic input and training project coordination at InjuryNET, a national practitioner network of over 3,570 medical practitioners and physiotherapists, focussing on early intervention and return to work for workplace injuries to some of Australia's largest employers.

11:40 am

Does Early Intervention Really Work? The Evidence

Dr Mary Wyatt

Many in the industry anecdotally espouse the positive impact of early intervention but it would be helpful to be able to quantify as well as qualify this impact! Mary will present on the evidence surrounding early intervention, based on research compiled within the RTWMatters Knowledgebase.

About Mary Wyatt

Mary is an Occupational Physician with special interests in back pain and return to work management, and is the Chair of the Australasian Faculty of Occupational and Environmental Medicine and Advocacy Committee. Mary is one of the founders of www.RTWMatters.org an online resource for people involved with RTW management, works in clinical practice and is a lecturer at Monash University. System factors that help employers and employees take a positive approach offer the best opportunities to reduce work place disability, and are the objectives of the not-forprofit ResWorks (The Foundation for Research into Injury and Illness in the Workplace Inc.) established in 2004 and chaired by Mary.

12:20 pm

Lunch

1:10 pm

What the Doctor Ordered: A Layman's Guide to Assessing the Use of Medical Tests and Treatments for Common Work Related Injuries

Dr David Allen

Quality Occupational Health

1:25 pm

Telemedicine: A Fresh Approach to Injury Management in Rural and Remote Areas

Dr David Allen

Quality Occupational Health

About David Allen

David is a senior occupational and environmental physician and a NSW WorkCover Injury Management Consultant. Since he founded Quality Occupational Health (QOH) in 1996, it has grown into a large multidisciplinary team of occupational physicians, occupational therapists, physiotherapists, rehabilitation counselors, occupational health nurses and psychologists servicing over 500 organisations. David is committed to the principles of quality assurance, risk management and evidencebased medicine and has used these principles to assist a wide range of organisations to achieve improved health outcomes. He speaks widely on topics such as evidence-based injury management, dealing with yellow flags, negotiation theory in workers compensation, drug and alcohol testing and managing difficult workers compensation cases. He is actively involved in training occupational physicians and other health professionals.

1:40 pm

Exposing Medical Fallacies about the Causes of Injury

Dr David Milecki

InjuryNET

Doctors are frequently asked to comment on the causes of injury. This is fraught with danger! Why? Dr Milecki looks at a number of fallacies that doctors get caught on when commenting on causes of injury. Identification of the thinking and evidence behind such opinions is critical to obtaining an understanding of whether work caused the injury.

About David Milecki

David is a medical practitioner who has worked in the Occupational Health and Safety field, specialising in injury management for the past 18 years. He has been designing and implementing injury management strategies for businesses for the last 10 years and in the process developed InjuryNET, a highly effective treatment and assessment network.

2:00 pm

People Management - v - Premium Cost

Morag Fitzsimons

WCD Workers Compensation Solutions

In the midst of a global economic crisis all costs must be considered; so how does the cost of managing your injured or tiring workforce stack up against the cost of your premiums and what are the potential ramifications of premium and policy amendments by WorkCover Regulators? This session considers the implications of premium initiatives across Australia which may impact your business along with some of the indicators and systems you need to consider if you are going to effectively manage the true cost of injuries within your working environment.

About Morag Fitzsimons

Morag's speciality at WCD is Claims and Injury Management, analysing and implementing post event strategies. With extensive finance and insurance industry experience, she makes sure that the human as well as the financial implications of Workers' Compensation are appropriately addressed.

2:40 pm

Afternoon Tea

3:00pm

Turning a Big Vision into a Local Reality: The 60 Summits Project

Dr Jennifer Christian

Webility

After developing the ACOEM report, Dr Christian founded the 60 Summits Project in order to spread the new work disability prevention model across North America and have it take root. The 60 Summits Project's inspiring message, action orientation and multistakeholder approach appeals to seasoned experts in many sectors of society. Groups of volunteers have sprung up in 17 jurisdictions in the US and Canada. The initiative calls for creating a shared positive vision of what SHOULD happen during the stay-at-work and return-to-work process and then employing a collaborative and community-based approach to turn that vision into a reality suitable to their locality. This session presents the history and achievements to date within the various established Summits. Could this approach be useful in Australia? Come see for yourself.

3.55 pm

Closing Remarks

4:00pm

Drinks & Nibbles

4:30pm

Close



registration form



Registration Details

Registrations can be made until close of business on Wed 19 August 2009 by:

- · website: www.nbaevents.com.au
- fax: (08) 8352 8077
- post: 19 Deacon Avenue, Richmond SA 5033

The registration fee includes delegate material, meals and refreshments. Confirmation of registration will be sent by email within seven days of receipt of your registration.

Copies of the presenter's papers will be available at www.InjuryNET.com.au following the conference.

Please keep a copy of this registration for your records.

Please note that the registration fee applies to one delegate registering. It is not possible to share one registration fee between several people.

InjuryNET Australia Pty Ltd and nb&a events reserve the right to make changes to this program and speakers in the event of any unforeseen circumstances which may arise.

Cancellations

Should you be unable to attend, a substitute delegate is always welcome at no extra charge. Alternatively, partial refunds may apply.

For any event cancelled by InjuryNET Australia Pty Ltd or nb&a events, the registration fee is fully refundable.

The above should be read in conjunction with the full Terms & Conditions at www.nbaevents.com. au/events/Terms-Conditions.htm

For further information

Darren Mickan

nb&a events Telephone: 0402 322 394 or (08) 8352 6466 Fax: (08) 8352 8077



Detail: Your name

Email: dm@nbassociates.com.au

Endorsed by





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Price (including GS	ST)	
Early Registration Fee (Until 31 July 2009)		\$ 595.00
Late Registration Fe	e (Closing 19 August 2009)	\$ 695.00
Endorsing associa	tion member discounted registration fee (i	including GST)
Endorsing Association	on Member (Until 31 July 2009)	\$535.50
Endorsing Association	on Member (Closing 19 August 2009)	\$625.50
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